

SEEKONK COUNCIL ON AGING

June 2014

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>	<p>3</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop & Shop, & Price Rite - 10:15am - 11:30am By GATRA GATRA: 1-800-483-2500</p>	<p>4</p> <p>Diabetes Bingo @ 10am Lunch: Meatloaf, Mashed Potatoes, Veggies for \$3</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>	<p>5</p> <p>Art Class 9-11</p>	<p>6</p> <p>Wii Fun Time 10am *Bowling, Tennis, Baseball, Golf Come join the fun and exercise!</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>
<p>9</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:00am - 12:00pm</p>	<p>10</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am By GATRA GATRA: 1-800-483-2500</p>	<p>11</p> <p>Individual Living @ 10am Lunch: Meatball Subs for \$3</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>	<p>12</p> <p>Art Class 9-11</p> <p>Mens Breakfast Toti's 8:30am</p>	<p>13</p> <p>Wil Fun Time 10am *Bowling, Tennis, Baseball, Golf Come join the fun and exercise!</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>
<p>16</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:00am - 12:00pm</p>	<p>17</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am By GATRA GATRA: 1-800-483-2500</p>	<p>18</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>	<p>19</p> <p>Art Class 9-11</p> <p>Womens Brunch Toti's 10:00am</p>	<p>20</p> <p>Wii Fun Time 10am *Bowling, Tennis, Baseball, Golf Come join the fun and exercise!</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>
<p>23</p> <p>Senior Exercise at Seekonk Total Fitness \$1 11:00am - 12:00pm</p>	<p>24</p> <p>Seekonk Senior Shopping Day Wal-Mart, Stop & Shop & Price Rite - 10:15am - 11:30am By GATRA GATRA: 1-800-483-2500</p>	<p>25</p> <p>TRIAD 16th Birthday Party 10am Brunch of French Baked Toast, Eggs, Bacon and Fruit Salad, FREE</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>	<p>26</p> <p>Art Class 9-11</p>	<p>27</p> <p>Wii Fun Time 10am *Bowling, Tennis, Baseball, Golf Come join the fun and exercise!</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>
<p>30</p> <p>Senior Exercise at Seekonk Total Fitness, \$1. 11:00am - 12:00pm</p>	<p>Turn the page over for upcoming trips and important information!</p> 			

